

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Karen de Villiers**

Has successfully participated & completed the

**Solo Steer Cowhouse Cross Duathlon 2019 #3**

held at Cowhouse Market.

**TIME 01:31:45**

**PACE 14.39km/h**

**GENDER 8 of 20**

**OVERALL 34 of 52**

**60 TO 64 1 of 1**

02 June 2019, Sun

Date

*BoutTime*

Signature